



# HAUSGRIES

Stille und christliche Meditation

## Registration form

I hereby register for retreat no. \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_

If the course is already full, please put me on the waiting list:  yes  no (please tick the appropriate box). It is sufficient if I know by \_\_\_\_\_ (please specify period) before the start of the course whether I can participate in the retreat via the waiting list.

### Accommodation:

- Standard room (washing facilities in the room, WC/shower in the corridor)
- I would like to stay in one of the log cabins (washing, shower facilities, WC in the main building)

**Food:** Please note that we only offer vegetarian and vegan meals. If you require special foods due to intolerances (e.g. gluten-free bread, lactose-free cheese, etc.), please bring these with you. A refrigerator is available. Our kitchen can only accommodate special requests to a limited extent. If you wish to fast, please arrive in/with fasting. We will support you with fasting soups and juices, tea and water (but not with relief or laxative days – you have already done that). Please come as an experienced faster. Please register with us for recovery days.

**Cancellation policy:** If you are unable to attend, please cancel in writing immediately. For cancellations less than four weeks before the start of the retreat, we charge a cancellation fee of €100; less than two weeks before the start of the retreat, the fee is €200. For cancellations one day before the start of the retreat, on the day of arrival and thereafter (termination, early departure or no-show), the course fee will be charged as a cancellation fee.

By registering, you confirm that you have read and accept the cancellation policy.

We therefore recommend that you take out travel cancellation insurance!

**Data protection:** I consent to the collection, processing and use of the data provided in accordance with the privacy policy ([www.haus-gries.de/datenschutz](http://www.haus-gries.de/datenschutz)).

**Participant list:** I agree that my surname and first name, together with my postcode, town and email address, may be included on a participant list for this course for the purpose of organising carpooling.  Yes (I will then also receive a participant list)

No

**Surname, first name:**

**Address (street, number, postcode, town):**

**Home telephone:**

**Mobile telephone:**

**Email:**

**Comments:**

**Place, date, signature**